

Lunch & Dinner Menu

SOUPS

BEER AND CHEDDAR SOUP / 8

seved with garlic toast

FRENCH ONION / 7

SALADS

GARDEN SALAD / 13, HALF / 8

fresh spring mix with fresh cucumber, cherry tomatoes and peppers served with in-house made citrus orange dressing

SPINACH SALAD / 13, HALF / 8

prepared with red onions, roasted almonds and raspberry vinaigrette

CAESAR / 13, HALF / 8

this classic is as classic as it gets! crunchy romaine, creamy caesar dressing, tasty hickory bacon, fresh parmesan and garlic croutons

GRILLED BALSAMIC VEG / 15

spring mix with goat cheese, avocado mousse and our in-house balsamic dressing

CHEF SALAD / 15

bacon, chicken, green onions, cheese, tomatoes and hard-boiled egg topped off with an avocado rose dressing

TACO SALAD / 15

romaine lettuce, tomato, onion, peppers, olives, jalapeños and tortilla chips topped with taco beef, cheese, salsa and guacamole in a tortilla bowl

SUPER VIBES SALAD! / 15

red wine tofu, cherry tomatoes, cucumber, sunflower seeds, dried apricots and craisins on fresh spring mix served with our own in-house made orange citrus dressing. Taste the summer all year round!

ADD PROTEIN:

CHICKEN / 5

PRAWNS / 6

SALMON / 6

SMOKED SALMON / 6

BACON / 5

TACO BEEF / 5

VIBE FAVES

CHICKEN AND WAFFLE / 14

our in-house KFC (Kelowna Fried Chicken) on a Belgian waffle drizzled with maple gravy and a side

CHICKEN FINGER MEAL / 14

chicken fried nice and crispy nice 'n' crispy with your choice of sauce

FISH 'N' CHIPS / 16

three pieces of beer battered cod on a pile of crispy fries and a side of Asian slaw and tartar sauce

KIDS MENU

for ages 12 and under
includes fries and choice of milk or pop

GRILLED CHEESE / 8

CHICKEN FINGERS / 8

KIDS SLIDER / 8

MAC 'N' CHEESE / 8

CORN DOG MINIS / 8

UKRAINIAN

VARENYKY (TRADITIONAL UKRAINIAN PEROGIES) / 14

homemade cheese perogies topped with onions, bacon, mushrooms and sour cream

HOLUBZI (TRADITIONAL UKRAINIAN CABBAGE ROLLS) / 13

ADD ANOTHER ROLL FOR \$4

two handmade pork and beef cabbage rolls with a zesty tomato sauce

UKRAINIAN DINNER PLATE / 16

two traditional handmade pork and beef ca with a zesty tomato sauce and three perogies with mushroom, onion and bacon

SAMMIES

all sandwiches come with a choice of fries, soup, house salad or caesar salad. upgrade to poutine for \$3

B.L.T. / 7

three strips bacon, lettuce, tomato and mayonnaise

B.E.L.T. / 8

three strips bacon, egg, lettuce, tomato and mayonnaise

DENVER / 8

two eggs, green onions and ham on choice of toasted bread

PULLED PORK / 9

pulled pork tossed in a hearty BBQ sauce and slaw on a fresh brioche bun

RUBIN / 9

Russian sauce, swiss cheese, Montreal smoked brisket and sauerkraut

STEAK SANDWICH / 14

6 oz New York steak cooked to your perfection with grilled veg and swiss cheese

PHILLY CHEESE STEAK SANDWICH / 14

choice of sautéed New York steak or smoked brisket with mushrooms, peppers, onions, cajun spice and melted mozzarella on a fresh mini sub bun

HOT HAMBURGER OR SMOKED BRISKET / 12

with sautéed onions and mushrooms, smothered in gravy on a slice of sourdough

CHICKEN AVOCADO CLUB / 14

triple-decker sandwich with bacon, lettuce, tomato, mayonnaise, avocado, grilled chicken breast and goat cheese

ULTIMATE GRILLED CHEESE / 14

cheddar, mozzarella, swiss, tomato and bacon

WRAPS

add fries, soup, house salad or caesar salad / 5
upgrade to poutine / 3

CRISPY BACON CHICKEN / 9

lettuce, tomato, buffalo sauce, crispy chicken and cheese

CHICKEN CAESAR / 9

romaine lettuce, bacon, parmesan, grilled chicken and creamy caesar dressing

JERK CHICKEN / 9

Caribbean jerk chicken, lettuce, tomato and cheese

GRILLED BALSAMIC VEG / 9

grilled vegetable medley in a balsamic sauce, lettuce and goat cheese



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QUESADILLAS

CHICKEN / 16

made with onions, tomatoes, peppers and cheese

PULLED PORK / 16

made with onions, tomato and peppers and a zesty BBQ SAUCE

VEGETARIAN / 16

wit onions, tomatoes, mushrooms, grilled peppers and goat cheese

BURGERS

all burgers come with lettuce, tomato, onion and pickle

PLAIN JANE / 10

single grilled patty

CHEDDAR BURGER / 13

single patty with cheddar

BACON CHEESE BURGER / 14

single grilled patty with thick cut hickory smoked bacon and cheddar

MUSHROOM SWISS / 14

singled grilled patty, smothered with sautéed garlic mushrooms and swiss cheese

AVOCADO BURGER / 14

single grilled patty with fresh avocado and goat cheese

CHEESY BREAKFAST BURGER / 15

grilled hamburger patty with bacon, egg and cheddar cheese drizzled with hollandaise

PIZZA BURGER / 16

grilled patty with zesty tomato sauce, mozzarella, chorizo sausage and peppers

CAPRESE / 15

grilled patty with goat cheese, tomato, basil and balsamic reduction drizzle

THE DOUBLE-DOUBLE / 18

double patty, double bacon and double cheese

QUESADILLA BURGER / 14

can't decide in a burger or quesadilla? why not both! grilled patty between tortilla crust with, cheese, onion, tomato, peppers and lettuce

VEGGED OUT BURGER / 15

this burger is not meat but a tasty treat! topped with mango salsa and guacamole

HOT CHICKS BURGERS

all hot chicks come with lettuce, tomato and onion

THE BASIC CHICK / 10

grilled, seasoned chicken breast, mayo and avocado

CRISPY CHICK / 15

our in-house KFC (Kelowna Fried Chicken) with cucumber and may on our brioche bun

HOT CHICK / 15

our in-house KFC (Kelowna Fried Chicken) tossed in buffalo sauce topped with cheddar and bacon

N'AWLINS CHICK / 14

blackened chicken breast topped off with swiss cheese, blue cheese sauce and avocado

DINNER ENTREES

CHICKEN PARMESAN / 18

our in-house KFC smothered in fresh herb tomato sauce and cheese accompanied by a pile of twirly linguini

TROPICAL CHICKEN / 18

cajun chicken with mango salsa and quinoa medley

MEDITERRANEAN CHICKEN / 18

stuffed with olive and sun-dried tomato, goat cheese and herbs with a sun-dried tomato cream sauce with side of quinoa medley or fries

GRILLED WHISKEY SALMON / 18

served with fries or quinoa

NEW YORK STEAK AND FRITES / 18

premium steak cooked your way and swimming in an herb butter or chipotle butter and accompanied with our extra crispy fries

PASTA AND BOWLS

*served with garlic bread

ANGRY PENNE / 18, HALF / 13

chorizo, peppers, mushrooms and onions in a rich, spicy basil tomato sauce*

PRIMAVERA FETTUCCINI / 17, HALF / 12

all our fresh vegetables in a rich basil tomato sauce*

FETTUCCINI ALFREDO / 17, HALF / 12

tossed in a creamy parmesan sauce*

PESTO SHRIMP / 18, HALF / 13

penne pasta and giant prawns in a pesto cream sauce*

TRADITIONAL LASAGNA / 18, HALF / 13

traditional style layered lasagne with ground beef, fresh herbs and in-house tomato sauce*

MAC 'N' CHEESE / 17, HALF / 12

elbows and creamy cheese sauce baked with a panko cheese topping

CURRY CHICKEN PENNE / 18, HALF 13

chicken, onion and peppers in a creamy curry sauce

PAD THAI / 18, HALF / 13

rice noodles with blend of Asian vegetables, peanuts, roasted sesame seeds choice of chicken, shrimp or tofu

COCONUT CURRY SALMON BOWL / 17, HALF / 12

grilled 6 oz fillet of salmon on a bed of curry rice smothered in a creamy coconut curry cream sauce

ASIAN RICE BOWL / 15, HALF / 10

ADD CHICKEN / 3

blend of Asian vegetables on a bed of jasmine rice with teriyaki sauce

